



Standard Preparation of Fortified EBM (50ml)

1.	Wash hands and put on apron and gloves	
2.	Collect equipment and place on a clean purple plastic enteral feed preparation tray: - 1 x sterile infant feeding bottles - 1 x sachet of HMF - Labels	
3.	Remove EBM from fridge double checking infant's Name Dob Unit number EBM Expiry date or serial numbers/expiry date for DEBM. Place feed bottle on enteral feed preparation tray	
4.	Measure 50ml EBM into the sterile infant feeding bottle.	
5.	Empty sachet HMF into the measured EBM	
6.	Swirl gently	
7.	Label as fortified D/MEBM adding baby's name, unit number, dob & date and time fortified	
8.	Feed immediately	
9.	Store unused Fortified EBM <u>in the fridge</u> for use at next feed.	
10.	<u>Discard any unused fortified D/MEBM 12hours after preparation.</u>	
11.	Remove apron and wash hands	

